



*Student/Parent  
Athletic Handbook*

2019-2020

# **The Pac-West Conference**

*Scio High School is a Member of the Oregon School Activities Association (OSAA) and the Pac-West conference and must abide by all rules established by these two governing bodies.*

## **Scio High School Information**

**Classification:** 3A

**Conference:** Pac-West

**Principal:** Danielle Blackwell

**Athletic Director:** Jim Mask

**AD email address:** [maskjim@sciok12.org](mailto:maskjim@sciok12.org)

**School Phone Number:** (503) 394-3276

**High School Fax:** (503) 394-3236 **Address:**

38875 NW 1<sup>st</sup> Ave *Scio. OR 97374*

## **Checklist for Athletic Participation at Scio High School**

- Must have passed at least 5 classes during the last academic semester.  
(Excludes incoming freshman)
- Must be in attendance on that school day for all classes in which they are enrolled. *Student/Athletes will only be allowed to participate in activities (practice/games/contests) with a pre-arranged absence.*
- Must be enrolled in a minimum of 5 classes at the high school (or) an approved amount of college credits and or high school classes
- Must have a physical every two years and on file at the high school
- Parent/s and students must have signed athletic notice of understanding and enrolled in the drug testing pool.
- Must have paid \$75 sports fee
- School must have insurance information on file each year.
- Must have passed all classes student enrolled in (or) been placed on and meet the requirement of an academic plan that has been giving by the athletic appeals committee

# Athletic Policy

## **Introduction:**

These rules are in effect from the first day a student begins practice in a school sport or activity throughout the remainder of the school year and all subsequent years of student attendance at Scio High School. It is in effect 24 hours a day 7 days per week for the entire athletic/academic year.

The guidelines set forth in this handbook have been established as a minimum code for participants. The coach or supervisor will administer these rules in conjunction with athletic and building administrators.

Before participating in an activity, the students and parents or guardian are expected to read the athletic handbook and sign the athletic handbook notice of understanding form. (Attached on back of handbook). By signing the student and parent understand that the student shall comply and abide by the terms and conditions listed in the athletic handbook

## **General Rules**

1. **Academic Requirements:** In order to be able to compete in athletics at Scio High School you must meet the following academic criteria:
  - a. Enrolled in a minimum of 5 classes at Scio High School (or) be enrolled in a minimum of 10 credit hours of college courses (or) an administrator approved combination of both.
  - b. At each grade check, be receiving a grade of at least 60% in each class you are enrolled in. If you receive a grade of less than 60%, you will be deemed ineligible to participate until the grade is 60% or higher.
  - c. Pass all classes that you are enrolled in at the end of each quarter and semester
  - d. Maintain a minimum 2.0 GPA
  - e. Pass a minimum of 5 high school classes (or) pass 10 college credit hours (or) pass an administrator approved combination of both

**Note:** If a student fails to meet the criteria for section 1.B, section 1.C or section 1.D they may petition to the athletic appeal committee to possibly regain their athletic eligibility.

**(These are considered minimum standards, a coach with athletic director and administrative approval may increase the standard)**

2. **Athletic Appeals:** Will be submitted to the athletic director.
  - a. An athletic appeal can override a deficiency in section 1 B, 1 C or 1 D.
  - b. Student whose appeals are granted will be placed on an academic plan. Students must meet the requirements that have been placed on them by the athletic director. If the student fails to maintain or meet the requirements their eligibility will be revoked.

3. **Physical Exams:** All students that are participating in Scio High School athletics must have a physical exam performed by a licensed physician.
  - a. Student must have a physical on files at all times of participating in athletics. Physicals are good for two calendar years from that date of the physical.
4. **Doctors Release:** Any student who goes to see a doctor at any point during an athletic season for an injury must bring a note releasing them to participate in athletics. Failure to do so will result in the student being unable to participate in athletic events until a medical release notes has been turned into the Athletic Director.

**Attendance:** Students are expected to be at school all day. If a students needs to leave school for any reason they may not participate in practice unless the absence was excused.

- a. Students are required to be at school all day on the day of a contest/match/game. The only excused absences on a game day are: prearranged absences for school activities and doctor/dentist appointments. A note from the doctor is required upon checking back into school to maintain athletic eligibility for that particular day.
  - b. If a student misses school due to an illness they may not participate at practice or in a contest on that day. (If you are not well enough to be at school, you are not well enough to practice)
5. **Transportation:** All students are required to ride on school transportation to all athletic contests. Students are allowed to ride home with their parents/guardians **ONLY**. Any other travel arrangements must be cleared through the Scio School District Superintendent **IN ADVANCE**.
  6. **Equipment:** All students will be personally responsible for all equipment issued to them and will return it in good condition and on-time. Students will be responsible for replacing all lost or damaged equipment.
  7. **Changing Sports:** No student may transfer from one athletic team to another athletic team during a sports season after the initial two-week period. The two week period shall commence on the first official practice day for that sport. Any athlete who has a valid reason to not start a sport on the first practice date will be allowed to come out at a later time if permitted by the coach.
    - a. A student may change sports after the two-week period if he/she has written permission from the head coach of sports involved and the athletic director.
  8. **Practices:** Students may not miss practices without a legitimate reason and will make every effort to contact the program coach to let him/her know of the absence and reason for it prior to missing practice. The head coach will determine if the absence is excused or not. If a student is missing a practice for a doctor's appointment they must bring a note or appointment card from the doctor's office for the practice to be excused.
    1. **If a student stays home sick it is expected they will contact the coach and let them know they will not be at practice.**

*The following outline will be used for unexcused absences*

**1 unexcused absence** = suspension for one athletic contest.

**2 unexcused absences** = suspension for one athletic contest and a conference with the coach and athletic director.

**3 unexcused absences** = expulsion from the team.

*(Coaches may increase the standard with athletic director and administrative approval)*

**OSAA:** All students participating in Scio High School athletics must meet all OSAA rules that apply, including academic, age, and residency requirements, etc.

9. **Sport Fees:** Each student athlete will be required to pay a \$75 sports fee in order to participate in a Scio High School sponsored sport. (There is a \$300 max per family for sports fees)
10. **Medical Insurance:** All students participating in Scio High School Athletics are to provide medical insurance information. If the student athlete does not have medical insurance, arrangements must be made through the high school office.
11. **Student conduct:** The Supreme Court of the United States has ruled that student participation in extracurricular activities in a public school is a privilege, not a right. To promote organized and reasonable activity on part of the student participants in extracurricular activities, it is incumbent upon local districts to formulate and enforce policies and standards regulating student activities.

## **POLICY CONCERNING TEAM MEMBERSHIP**

Your team membership may be suspended for violation of the following general rules:

1. Use of alcohol, tobacco, marijuana, drugs or controlled substances at any time during your participation in sports (including non school hours) is prohibited.
2. **Hosting or attending** a social function for minors where the above products are in possession, being used, sold or distributed is prohibited.
3. Missing a practice or games unless (a) you have an excuse from school, or (b) you contact one of the coaches in your activity prior to practice or game, is prohibited.
4. Exceeding normal standards of conduct during travel, practice, or contests.
  - A. You are a representative of your family, school, team and community.
  - B. You should expect no special treatment because you are an athlete.
  - C. You are expected to be on your best conduct going to, during and coming from an athletic contest.
    - (1) You will never argue with a game official
    - (2) You will never carry on banter with the opposing team, or any spectators.
    - (3) You will never intentionally attempt to injure an opposing player.
    - (4) Your language and behavior should be such that it will never be a discredit to the team.
    - (5) Profanity, bickering, squabbling, and un-sportsman-like displays will not be tolerated at games or practices.
5. Failing to meet academic standards as stated in the academic requirements

**Violating any of the preceding rules the athlete will be penalized (All years of high school 9<sup>th</sup>-12<sup>th</sup> grade) in one of the following manners:**

**Coaches may dismiss an athlete from the team: an athlete may be dismissed without any record of previous violation(s).**

**Violation Procedures:**

**1<sup>st</sup> Violation-** The athlete will be suspended from game competition for two calendar weeks (14 days) beginning when the student receives the Athletic Discipline Action Form. The suspension must include at least two competitions. The athletic Director or Principal will immediately report offenses in violation of state to proper authorities. The Athletic Director will make referral to the school counselor and contact the parents. The athlete must participate in all practices during his/her suspension. If it is a referral for drugs or alcohol, the athlete must have completed an appropriate assessment as coordinated through the SHS counseling department.

**2<sup>nd</sup> Violation-** Any athlete who has been suspended for any violation of the athletic code will, upon a second violation of the athletic code, be suspended from all athletic participation for 6 weeks or the remainder of the current sport season, whichever is longer. If an athlete is not currently participating in a sport the suspension will begin with the first practice of the subsequent sport season in which they participate. The Athletic Director or Principal will immediately report offenses in violation of state law to the proper authorities. The Athletic Director will make referral to the school counselor and contact the parents. Before any future athletic participation will be allowed, a conference must be held with the athlete, parent, Athletic Director, coach, and head coach of the sport to be participated in. If it is a second referral for drugs or alcohol, the athlete must have completed an appropriate assessment as coordinated through the SHS counseling department.

**3<sup>rd</sup> Violation-** Same 2<sup>nd</sup> Violation except 18weeks

**4<sup>th</sup> Violation-**Suspension for a minimum of one calendar year of any athletic participation will occur. Reinstatement to the athletic program will occur only with approval of the Athletic Appeals Board, see the Athletic Appeals Procedure section for more information.

**Denial of awards:** any athlete who does not complete a season in good standing may be denied the opportunity to receive a letter, team awards, conference or state recognition.

12. **Association with Violators:** If it is verified that a student has consciously remained in association with people possessing or using illegal substances, he or she may be subject to suspension or dismissal from team.
13. **Appearance:** It is up to the coach's discretion to determine the grooming and physical appearance of his or her players for practices, team travel, and athletic contests.
14. **Team Rules:** The program head coaches at Scio High School are permitted and encouraged to create and implement their own set of team rules. ***These team rules can not negate or lessen the current athletic policies posted in the athletic handbook.***
15. **Fines:** Any and all fines levied by the OSAA will be the direct responsibility of the player/coach involved in the infraction. These may include but are not limited to fines for ejections, unsportsmanlike conduct, inappropriate behavior and participation limitations violations. The student will not be able to participate in any sport/activity until this fine is taken care of. All unpaid fines will go directly to the student's high school account.

## **PUBLIC CONDUCT ON SCHOOL PREMISES**

School sponsored or approved activities are an important part of the school program and offer students the opportunity to participate in a variety of activities not offered during the regular school day. School sponsored or approved activities are provided for the enjoyment and opportunity for involvement they afford the students.

Spectators are permitted to attend school sponsored or approved activities only as guests of the school district, and, accordingly as a condition of such permission, they must comply with the school district's rules and policies. Spectators will not be allowed to interfere with the enjoyment of the students participating, other spectators or with the performance of employees and officials supervising the school sponsored or approved activity. Spectators, like the student participants, are expected to display mature behavior and sportsmanship. The failure of spectators to do so is not only disruptive but also embarrassing to the students, the school district and the entire community.

To protect the rights of students to participate without fear of interference, and to permit the sponsors and officials of sponsored or approved activities to perform their duties without interference, the following provisions are in effect:

\*Abusive, verbal or physical conduct of spectators directed at participants, coaches, or officials of sponsored or approved activities or at other spectators is not permitted.

\*Verbal or physical conduct of spectators that interferes with the performance of students, coaches, or officials or of the sponsored or approved activities is not permitted.

\*The use of vulgar, obscene or demeaning expressions directed at students, coaches, or officials who are participating in a sponsored or approved activity or at other spectators is not permitted.

If a spectator at an sponsored or approved activity becomes physically or verbally abusive, uses vulgar, obscene, or demeaning expressions, or in any way impedes the performance of an activity, the spectator may be removed from the event by the individual in charge of the event and the superintendent may recommend the exclusion of the spectator at future sponsored or approved activities.

Upon recommendation of the superintendent, the board shall cause a notice of exclusion from sponsored or approved activities to be sent to the spectator involved. The notice shall advise the spectator of the school district's right to exclude the individual from school district activities and events and the duration of the exclusion. If the spectator disobeys the school official or district's order, law enforcement authorities may be contacted and asked to remove the spectator and be cited for a trespass violation. If a spectator has been notified of exclusion and thereafter attends a sponsored or approved activity, the spectator shall be advised that his/her attendance will result in prosecution. The school district may obtain a court order for permanent exclusion from future school sponsored or approved activities.

## **Parent Expectations**

We want to work in partnership with parents to provide the most rewarding experience possible for our students. When your child becomes involved in our programs, you have a right to understand what expectations are placed on your child and what we expect from the parents. This begins with clear communication from the coach of your child's program.

### **Communication you should expect from your child's coach.**

1. Expectations the coach has for the team.
2. Location and times of all practices and contests.
3. Team requirements (i.e. special equipment, off-season conditioning, and attendance of practices and games.)
4. Team rules and consequences for breaking those rules up to and including the denial of your child's participation in the sport.

### **Communication Coaches Expect From Parents**

1. Concerns expressed directly to coach.
2. Notification of family schedule conflicts
3. Specific concerns regarding coaches expectations for student athletes.

As your child becomes involved in athletics at Scio High School he or she will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the program head coach is encouraged.

### **Appropriate Concerns to Discuss with Coaches**

1. Ways to help your child improve
2. Concerns about your child's behavior.
3. Treatment of your child

Coaches are professionals. They make decisions based on what they believe to be best for the team. As you have seen from the list above, certain things can be discussed with your child's coach. Other things such as those on the following list must be left to the discretion of the coach.

### **Issues NOT Appropriate to Discuss with Coaches**

1. Playing time
2. Player positions
3. Team strategy
4. Play calling
5. Other student athletes

There are situations that may require a conference between the coach and parents. It is important that both parties involved have a clear understanding of the others position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the concern.

## **Procedure you should follow if you have a concern to discuss with the coach**

1. Call the high school (503-394-3276) to set up an appointment with the coach. E-mail would also be an acceptable method (Calling or text messaging a coach on their personal phone number/s is not appropriate) Contacting a coach on their personal numbers should be used in emergency situations only.
2. If the coach cannot be reached, call or e-mail the high school athletic director to assist in setting up a meeting with the coach.
3. Do not attempt to confront a coach before, during or after a contest or practice. These can be emotional times for both the parent and the coach. Meeting at such times are inappropriate and seldom do not promote a resolution.

## **What can a parent do if the meeting with the coach did not provide a satisfactory solution?**

1. Contact the High School Athletic Director and set up an appointment to discuss the situation further.
2. At this meeting the appropriate next step/s can be determined.

## **Scio fans will strive to fill their appropriate role**

1. Provide positive support for their team/s.
2. Never be abusive with language or actions toward any player, official, team or fellow fan
3. Realizing the officials are assigned and trained to enforce the rules of the game. (Yelling at the officials **NEVER** helps the situation)
4. Abiding by Pac-West conference and OSAA rules on spectator conduct.  
(Spectator may be ejected from an event for violating these rules)

## *Varsity Awards*

*To earn a varsity letter in the sports Scio High School offers, these requirements must be met:*

**Football, Basketball:** Participate in half of the quarters played by the varsity. Or dress down for the varsity team at a state playoff game.

**Volleyball:** Participate in half of the games played by the varsity. Or dress down for the varsity team at a state playoff game.

**Baseball:** Participate in half of the innings played by the varsity. Or dress down for the varsity team at a state playoff game.

**Wrestling:** To be determined by the coach/Athletic Director.

**Softball:** Participate in half of the innings played by the varsity. Or dress down for the varsity team at a state playoff game.

**Forestry:** Accumulate 125 points per year.

**Agriculture:** Accumulate 400 points.

**Track:** TO BE DETERMINED BY THE COACH/ATHLETIC DIRECTOR

**Cheerleaders:** Participate in 80% of the Varsity Games.

## *Sports Offered At Scio High School*

### **Fall:**

Football  
Volleyball  
Cross-Country  
Cheer

### **Winter:**

Girls Basketball  
Boys Basketball  
Wrestling

### **Spring:**

Baseball  
Softball  
Track

*(Teams offered in each sport can change due to the number of athlete participating)*

## *Head Coaches Directory*

<b>Fall:</b>		<b>E-mail</b>
Football:	Justin Guest	guestj@sciok12.org
Volleyball:	Lori Ramsay	ramsayl@sciok12.org
Cross-Country	Jason Jacobson	jason@titanium-racing.com
Cheer:	JaAnna Mendez	jmendez@smt-net.com
<b><u>Winter:</u></b>		
Girls Basketball:	Dave Stover	coachstover@live.com
Boys Basketball	Jesse Gerig-Heyerly	gerighey@sciok12.org
Wrestling:	Matt Parazoo	mzoo8@smt-net.com
<b><u>Spring:</u></b>		
Baseball:	John Cyrus	scio.baseball@gmail.com
Softball:	Jim Mask	maskjim@sciok12.org tbd
Track:	Jason Jacobson	jason@titanium-racing.com

### **2019-2020 Sports Practice Start Dates**

<b>Fall:</b>	August 19th, 2019
<b>Winter:</b>	November 18 <sup>th</sup> , 2019
<b>Spring:</b>	March 2 <sup>nd</sup> , 2020

**All seniors will be awarded a varsity letter if they successfully complete the season in good standing, even though they may not have met the previously mentioned requirements.**

**ATHLETIC CERTIFICATION OF UNDERSTANDING**

**I have read the Scio High School student/parent athletic handbook and certify that I understand that students participating in interscholastic athletics at Scio High School are subject to serious disciplinary actions for violations of rules and policies governing athletics. I agree to and acknowledge the polices pertaining to athletics that are enclosed in the Scio High School athletic handbook.**

Student's Name (**PRINTED**) \_\_\_\_\_

Student's (**Signature**) \_\_\_\_\_ Date \_\_\_\_\_

**PARENT OR GUARDIAN PERMISSION**

*I want my son or daughter to have the privilege of participating in competitive school athletics. \_\_\_\_\_ has my permission to compete in*  
(Name of student **PRINTED**)

*all sports approved by the board of Education of Scio School District and to go with the coach on regularly scheduled trips. While I expect school authorities to exercise reasonable precautions to avoid injury, I understand that they assume no financial obligation for any injury that may occur. I am advised that students are held responsible for all players' equipment owned and issued by the school.*

*I have also read the Scio High School student/parent athletic handbook and certify that I understand that students participating in interscholastic athletics at Scio High School are subject to serious disciplinary actions for violations of rules and policies governing athletics. I agree to and acknowledge all the polices pertaining to athletics that are enclosed in the Scio High School athletic hand book*

Parent/Guardian (**PRINTED**) \_\_\_\_\_

Parent/Guardian (**Signature**) \_\_\_\_\_ Date \_\_\_\_\_

**All lines must be filled out appropriately for this consent to be accepted. (Names printed, signed and dated).  
This form must be turned in to your head coach prior to first competition**